

The Kutz Home offers rehabilitation programs that fit the specific needs of each resident:

*Short-Term Rehabilitation*—This rehabilitation program is for residents who have been discharged from the hospital but may require rehabilitative therapy before they can return home.

*Resident Rehabilitation*—Our therapy team works with the resident's physician and the Kutz Home nursing staff to plan rehabilitation and restorative programs geared toward maximizing functional abilities. We also have a seating and positioning program designed to correct postural deviations and improve function.

#### **Insurance and Billing**

Bills will be submitted to Medicare and other insurers. The resident is responsible for disallowed bills and/or non-covered balances.

#### **A Team Approach**

A multidisciplinary approach allows us to develop and implement a care plan that addresses the practical, functional rehabilitation of each resident. This plan is coordinated with nursing professionals in order to carry out the overall resident care plan.

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**THE KUTZ HOME**

*The Milton & Hattie Kutz Home, Inc.*

*We help people make  
comebacks through:*

Physical Therapy  
Occupational Therapy  
Speech-Language Pathology

*The Milton & Hattie Kutz Home, Inc.*

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*A constituent agency of both  
the Jewish Federation of Delaware and  
the United Way of Delaware.*

*Certified for participation in the  
Medicare and Medicaid programs.*

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**THE KUTZ HOME**

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*Rehabilitation Services*



BRO-10-02-0347



## Dedication to Resident Care

We provide trained and dedicated rehabilitation professionals, who promote an environment conducive to the resident's recovery. Our interdisciplinary team plays a vital role in:

- Evaluation/Screening on Admission
- Individualized Treatment Plans
- Care Planning & Conferences
- Quality Performance Reviews
- Inservice Education
- Safety Programs
- Discharge Planning

## Common Diagnoses

*Diagnoses treated may include:*

- CVA/Stroke
- Parkinson's Disease
- Multiple Sclerosis
- Dysphagia/Aspiration
- Orthopedic Conditions:
  - Fractures
  - Joint Replacement
  - Degenerative Joint Disease
- Amputations
- Arthritic Conditions
- Pneumonia
- Chronic Obstructive Pulmonary Disease
- Congestive Heart Failure

## Treatment Services

Treatment services are resident focused and team coordinated. Residents and family members are included in the planning and rehabilitation process.

*Specialized treatment services may include:*

- Orthopedic Rehabilitation
- Neurologic Rehabilitation
- Amputee Rehabilitation
- Comprehensive Rehabilitation
- Wound Care
- Pain Management
- Cognitive Remediation
- Rehabilitation/Restorative Nursing
- Home Safety Assessment
- Family Training
- Post Operative Care

## Occupational Therapy

Occupational therapy helps residents return to their optimal level of independence in activities of daily living. Functional skills such as self-feeding, bathing, dressing, toileting and homemaking are taught. Outcome-oriented occupational therapy may include the following:

- Activities of Daily Living
- Splint Fabrication & Modification
- Upper Extremity Strengthening & Coordination
- Assistive Device Assessment & Training
- Instruction in Self-Help Tasks
- Cognitive/Perceptual Assessment and Training (Including Recommendations for Environmental Adaptations)
- Energy Conservation Techniques

## Physical Therapy

Physical therapy meets the needs of residents who have a loss of function or independence due to an illness or injury. Residents are helped to regain functional abilities such as walking, balance and endurance.

*Comprehensive physical therapy offers:*

- Gait Training with Assistive Devices
- Muscle Strengthening & Coordination
- Safety Training
- Prosthetic Evaluation & Training
- Transfer Training
- Pain Management

## Speech Therapy

The speech pathologist treats residents with speech, language, swallowing and hearing impairments. The resident's ability to communicate and swallow are two functional skills improved through speech therapy.

*Treatment includes:*

- Speech-Language Evaluation/Therapy
- Swallowing (Dysphagia) Evaluation & Treatment, (Including Food Texture Evaluation & Recommendations)
- Alternative Means of Communications Assessment & Training
- Vocal Evaluation & Treatment
- Cognitive Assessment & Training